



Week at a Glance

Default Menu
Regular Diet

	SUNDAY, 2/18/2024	MONDAY, 2/19/2024	TUESDAY, 2/20/2024	WEDNESDAY, 2/21/2024	THURSDAY, 2/22/2024	FRIDAY, 2/23/2024	SATURDAY, 2/24/2024
<i>Breakfast</i>	Eggnog Pancakes Breakfast Meat of Choice Seasonal Fruit Hot or Cold Cereal	Choice of Egg Toast Breakfast Potatoes Seasonal Fruit Hot or Cold Cereal	Zesty Orange French Toast Breakfast Meat of Choice Seasonal Fruit Hot or Cold Cereal	Sausage Egg Bake Toast Seasonal Fruit Hot or Cold Cereal	Scrambled Eggs with Onions and Peppers Toast Seasonal Fruit Hot or Cold Cereal	Waffles with Blueberry Topping Breakfast Meat of Choice Seasonal Fruit Hot or Cold Cereal	Choice of Egg Cinnamon Roll Seasonal Fruit Hot or Cold Cereal
	Choice of Juice Milk Coffee / Tea / Decaf	Choice of Juice Milk Coffee / Tea / Decaf	Choice of Juice Milk Coffee / Tea / Decaf	Choice of Juice Milk Coffee / Tea / Decaf	Choice of Juice Milk Coffee / Tea / Decaf	Choice of Juice Milk Coffee / Tea / Decaf	Choice of Juice Milk Coffee / Tea / Decaf
<i>Lunch</i>	Miso Soup	Butternut Squash and Carrot Soup	Cream of Mushroom Soup	Kale Swiss Soup	Meatball Soup	Sauteed Onion Soup	White Chicken Chili
	Southern Fried Chicken Buttermilk Mashed Potatoes Skillet Green Beans Bread or Roll with Butter or Margarine	Creamy Tortellini with Broccoli Tossed Salad with Dressing Garlic Bread	Glazed Ham Macaroni and Cheese Seasoned Brussels Sprouts Bread or Roll with Butter or Margarine	Herbed Pot Roast Bliss Potatoes Sautéed Fresh Carrots Bread or Roll with Butter or Margarine	Crunchy Fish Fillet Scalloped Corn Buttered Zucchini Bread or Roll with Butter or Margarine	Teriyaki Chicken Garden Rice Steamed Spinach Bread or Roll with Butter or Margarine	Eggplant Parmesan Seasoned Fresh Vegetables Garlic Bread
	<i>Chopped Steak with Beef</i> <i>Mushroom Gravy</i> <i>Buttermilk Mashed Potatoes</i> <i>Skillet Green Beans</i> <i>Bread or Roll with Butter or Margarine</i>	<i>Marinated Chicken with Tzatziki Sauce</i> <i>Tri Color Quinoa Pilaf</i> <i>Broccoli Florets</i> <i>Bread or Roll with Butter or Margarine</i>	<i>Blackened Fish</i> <i>Macaroni and Cheese</i> <i>Seasoned Brussels Sprouts</i> <i>Bread or Roll with Butter or Margarine</i>	<i>Pasta with Lentils and Kale</i> <i>House Salad with Dressing</i> <i>Bread or Roll with Butter or Margarine</i>	<i>Sherry Beef Tips</i> <i>Tri Color Pasta</i> <i>Buttered Zucchini</i> <i>Bread or Roll with Butter or Margarine</i>	<i>Quiche Florentine</i> <i>Rissole Potatoes</i> <i>Salad Greens with Berries</i> <i>Bread or Roll with Butter or Margarine</i>	<i>Turkey Biscuit Bake</i> <i>Seasoned Fresh Vegetables</i> <i>Bread or Roll with Butter or Margarine</i>
Red Velvet Bar Choice of Beverage	Pumpkin Pie with Topping Choice of Beverage	Turtle Brownie Choice of Beverage	Frosted Spice Cake Choice of Beverage	White Chocolate Bread Pudding Choice of Beverage	Banana Cream Pie Choice of Beverage	Peanut Butter Mousse Choice of Beverage	
<i>Dinner</i>	Miso Soup	Butternut Squash and Carrot Soup					White Chicken Chili
	Pub Style Fish & Chips Creamy Coleslaw Bread or Roll with Butter or Margarine	Swedish Meatballs with Gravy Boiled White Potatoes Savory Peas Bread or Roll with Butter or Margarine	Panko Crusted Chicken with Mustard and Thyme Lyonnais Potatoes Roasted Fresh Beets Bread or Roll with Butter or Margarine	Smothered Pork Steak Spiced Sweet Potato Spears Garlic Green Beans Bread or Roll with Butter or Margarine	Turkey Reuben Sandwich Pickles Waldorf Salad	Beef Lasagna Roasted Fresh Cauliflower Bread or Roll with Butter or Margarine	Chicken Enchiladas Mexican Flag Garnish Plate Seasoned Pinto Beans Charred Corn Salad
	<i>Chef's Choice Pizza</i> <i>Marinated Cauliflower with Crisp Greens</i> <i>Breadstick with Butter or Margarine</i>	<i>Bratwurst on a Bun</i> <i>Potato Salad</i>	<i>Vegetable and Hummus Wrap</i> <i>Cream of Mushroom Soup</i> <i>Roasted Beet Salad</i>	<i>Grilled Chicken Strawberry</i> <i>Mixed Greens Salad</i> <i>Kale Swiss Soup</i> <i>Bread or Roll with Butter or Margarine</i>	<i>Southwest Shredded Pork Salad</i> <i>Meatball Soup</i> <i>Bread or Roll with Butter or Margarine</i>	<i>Lemon Pepper Tuna Salad</i> <i>Sandwich</i> <i>Sauteed Onion Soup</i> <i>Chickpea Salad</i>	<i>French Dip Sandwich with Au Jus</i> <i>Steak Fries</i>
Fresh Fruit Parfait Milk Coffee / Tea / Decaf	Cherry Pie Coffee / Tea / Decaf Milk	No-Bake Cheesecake Milk Coffee / Tea / Decaf	Melon Medley Milk Coffee / Tea / Decaf	Mix Cookie Milk Coffee / Tea / Decaf	Crispy Rice Bar Milk Coffee / Tea / Decaf	Strawberry Tres Leches Cake Milk Coffee / Tea / Decaf	
<i>Snack</i>	Snack of Choice Juice	Snack of Choice Juice	Snack of Choice Juice	Snack of Choice Juice	Snack of Choice Juice	Snack of Choice Juice	Snack of Choice Juice

