



July 2021

Assisted Living Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>Promise Pointe at Tampa Oaks 12110 Morris Bridge Rd. Temple Terrace, FL 33637 Assisted Living Facility License #AL13142</p>  <p>PROMISE POINTE At Tampa Oaks</p>	<p>Legend FR = Fitness Room * = Sign Up AR = Activities Room TF = Third Floor FF = First Floor DR= Dining Room B= Bistro RR=Resident Room</p>	<p>Please Note: The Activity Calendar is subject to change to meet the needs of our residents!</p>	<p>Canada Day! ¹</p> <p>8:30am Coffee & News 10:00am Tai Chi (AR) 1:00pm Resident Led Walking Club 2:00pm Movie Matinee & Popcorn (AR) 3:30pm Puzzling Around!</p>	<p>²</p> <p>8:30am Coffee & News 10:00am Wii Sports (AR) 1:00pm Resident Led Walking Club 2:00pm Quarter B.I.N.G.O! (AR) 3:00pm Ice Cream Cones! (B)</p>	<p>³</p> <p>9:30am Coffee & News 10:00am Noodleball (AR) 11:00am Catholic Communion (B) 1:00pm Resident Led Walking Club 2:00pm Word Search Club (B) 3:00pm Afternoon Fresh Air & Gardening</p>
<p>Happy 4th Of July! ⁴</p> <p>9:00am Coffee & News 10:00am Corn Hole (AR) 1:00pm Independence Day Trivia (B) 2:00pm Church Service w/ Church Of Christ (AR) 3:00pm Crabgrass Cowboys 4th Of July Show! (B)</p>	<p>⁵</p> <p>8:30am Coffee & News 9:30am Exercise (FR) 10:30am Gardening 1:00pm Cranium Crunches (B) 2:00pm Quarter B.I.N.G.O! (AR) 3:30pm Monday Mani's (B) 6:30 Dominos (TF)</p>	<p>⁶</p> <p>8:30am Coffee & News 9:30am Exercise (FR) 10:00am Bible Study (AR) 2:00pm Movie Matinee & Popcorn (AR) 3:30pm Video Chats With Family (RR) 6:30 Men's Poker Night (TF)</p>	<p>⁷</p> <p>8:30am Coffee & News 9:30am Exercise (FR) 10:30am Noodleball (AR) 1:00pm Resident Led Walking Club 2:00pm Creative Art (AR) 3:00pm Wine O' Clock! (B) 6:30pm Night Owl B.I.N.G.O! (AR)</p>	<p>⁸</p> <p>8:30am Coffee & News 9:30am Exercise (FR) 10:00am Food Committee w/ Chef Jorge 10:30am Pet Therapy W/ Libby & Friends! (B) 2:00pm Movie Matinee & Popcorn (AR) 3:00pm Order-In Dinner Night From Marcos! (*)</p>	<p>⁹</p> <p>8:30am Coffee & News 9:30am Exercise (FR) 10:00am Wii Sports (AR) 1:00pm Resident Led Walking Club 2:00pm Quarter B.I.N.G.O! (AR) 3:00pm Smoothies! (B)</p>	<p>Happy Birthday Susan! ¹⁰</p> <p>9:30am Coffee & News 10:00am Noodleball (AR) 11:00am Catholic Communion (B) 1:00pm Resident Led Walking Club 2:00pm Word Search Club (B) 3:00pm Afternoon Fresh Air & Gardening</p>
<p>Happy Birthday Lisa! ¹¹</p> <p>9:00am Coffee & News 10:00am Wii Sports (AR) 1:00pm Resident Led Walking Club 2:00pm Non-Denominational Church Service w/ Church Of Christ (AR) 3:00pm Jigsaw Puzzles! (TF & FF)</p>	<p>¹²</p> <p>8:30am Coffee & News 9:30am Exercise (FR) 10:30am Gardening 1:00pm Cranium Crunches (B) 2:00pm Quarter B.I.N.G.O! (AR) 3:30pm Monday Mani's (B) 6:30 Dominos (TF)</p>	<p>¹³</p> <p>8:30am Coffee & News 9:30am Exercise (FR) 10:00am Bible Study W/ Liz (AR) 2:00pm Movie Matinee & Popcorn (AR) 3:30pm Video Chats With Family (RR) 6:30pm Ladies Movie Night! (AR)</p>	<p>¹⁴</p> <p>8:30am Coffee & News 11-1 Summer BBQ & Entertainment w/ Mid Life Crisis! (DR) (Please follow your chosen time frame) 2:00pm Jewelry Making (AR) 3:00pm Wine O' Clock! (B) 6:30pm Night Owl B.I.N.G.O! (AR)</p>	<p>¹⁵</p> <p>8:30am Coffee & News 9:30am Exercise (FR) 10:30am Tai Chi (AR) 1:00pm Resident Led Walking Club 2:00pm Movie Matinee & Popcorn (AR) 3:30pm Puzzling Around!</p>	<p>¹⁶</p> <p>8:30am Coffee & News 9:30am Exercise (FR) 10:00am Wii Sports (AR) 1:00pm Resident Led Walking Club 2:00pm Quarter B.I.N.G.O! (AR) 3:00pm Banana Splits (B)</p>	<p>¹⁷</p> <p>9:30am Coffee & News 10:00am Noodleball (AR) 11:00am Catholic Communion (B) 1:00pm Resident Led Walking Club 2:00pm Word Search Club (B) 3:00pm Afternoon Fresh Air & Gardening</p>

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18 9:00am Coffee & News 10:00am Wii Sports (AR) 1:00pm Resident Led Walking Club 2:00pm Non-Denominational Church Service w/ Church Of Christ (AR) 3:00pm Jigsaw Puzzles! (TF & FF)	19 8:30am Coffee & News 9:30am Exercise (FR) 10:00am Gardening 1:00pm Cranium Crunches (B) 2:00pm Quarter B.I.N.G.O! (AR) 3:30pm Monday Mani's (B) 6:30 Dominos (TF)	20 8:30am Coffee & News 9:30am Exercise (FR) 10:00am Bible Study (AR) 2:00pm Movie Matinee & Popcorn (AR) 3:30pm Video Chats With Family (RR) 6:30 Men's Poker Night (TF)	21 8:30am Coffee & News 9:30am Exercise (FR) 10:30am Noodleball (AR) 1:00pm Resident Led Walking Club 2:00pm "Face to Face" Creative Art w/ Ileana (AR) 3:00pm Wine O' Clock! (B) 6:30pm Night Owl B.I.N.G.O! (AR)	22 8:30am Coffee & News 9:30am Exercise (FR) 10:30am Pet Therapy W/ Libby & Friends! (B) 1:00pm New Resident Orientation (AR) 2:00pm Movie Matinee & Popcorn (AR) 3:00pm Order-In Dinner Night From KFC! (*)	23 8:30am Coffee & News 9:30am Exercise (FR) 10:00am Wii Sports (AR) 1:00pm Resident Led Walking Club 2:00pm Quarter B.I.N.G.O! (AR) 3:00pm Snow Cones! (B)	24 9:30am Coffee & News 10:00am Noodleball (AR) 11:00am Catholic Communion (B) 1:00pm Resident Led Walking Club 2:00pm Word Search Club (B) 3:00pm Afternoon Fresh Air & Gardening
25 9:00am Coffee & News 10:00am Wii Sports (AR) 1:00pm Resident Led Walking Club 2:00pm Non-Denominational Church Service w/ Church Of Christ (AR) 3:00pm Jigsaw Puzzles! (TF & FF)	26 8:30am Coffee & News 9:30am Exercise (FR) 10:00am Gardening 1:00pm Cranium Crunches (B) 2:00pm Quarter B.I.N.G.O! (AR) 3:30pm Monday Mani's (B) 6:30 Dominos (TF)	27 Happy Birthday Ethel! 8:30am Coffee & News 9:30am Exercise (FR) 10:00am Bible Study W/ Liz (AR) 2:00pm Movie Matinee & Popcorn (AR) 3:30pm Video Chats With Family (RR) 6:30pm Ladies Movie Night! (AR)	28 8:30am Coffee & News 9:30am Exercise (FR) 10:30am Noodleball (AR) 1:00pm Resident Led Walking Club 2:00pm Summer Tie-Dye Creative Arts! (B) 3:00pm Wine O' Clock! (B) 6:30pm Night Owl B.I.N.G.O! (AR)	29 Happy Birthday Nancy! 8:30am Coffee & News 9:30am Exercise (FR) 10:30am Tai Chi (AR) 1:00pm Resident Led Walking Club 2:00pm Movie Matinee & Popcorn (AR) 3:30pm Puzzling Around!	30 National Cheesecake Day! 8:30am Coffee & News 9:30am Exercise (FR) 10:00am Wii Sports (AR) 1:00pm Resident Led Walking Club 2:00pm Quarter B.I.N.G.O! (AR) 3:00pm Cheesecake & Entertainment w/ Bill Montgomery! (B)	31 9:30am Coffee & News 10:00am Noodleball (AR) 11:00am Catholic Communion (B) 1:00pm Resident Led Walking Club 2:00pm Word Search Club (B) 3:00pm Afternoon Fresh Air & Gardening

