


August 2022

Assisted Living Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>1</p> <p>8:30am Coffee & News 9:30am Exercise (FR) 10:00am InstruMix (*AR) 12:00pm Tampa Museum of Art (*O) 2:00pm Quarter B.I.N.G.O! (AR) 3:30pm Monday Mani's (B)</p>	<p>2</p> <p>9:30am Exercise (FR) 10:00am Bible Study (AR) 1:00pm Trivia (AR) 2:00pm Movie Matinee (AR) 3:00pm Puzzling Around (FF) 6:00pm Ladies Movie Night (AR)</p>	<p>3</p> <p>8:30am Coffee & News 9:30am Exercise (FR) 10:00am Assisted Voting Supervisors Of Elections (AR) 1:00pm Video Chats (RR) 2:00pm Innovative Arts W/ Rachel (*AR) 3:00pm Music With Joy & Wine O'Clock! (B)</p>	<p>Happy Birthday Carolyn H.! 4</p> <p>4</p> <p>8:30am Coffee & News 9:45am Exercise (FR) 10:30am Chef Demo (B) 10:30am Pet Therapy W/ Libby & Friends! (B) 2:00pm Movie Matinee & Popcorn (AR) 6:30pm Resident Led Dominoes (TF)</p>	<p>5</p> <p>8:30am Coffee & News 9:30am Exercise (FR) 10:00am Wii Sports (AR) 10:30am Lunch Bunch Outing Kobe's (O) 1:00pm Table Games (B) 2:00pm Quarter B.I.N.G.O! (AR) 3:00pm Passion Fruit Ice Cream & Music With The Legends Show! (B)</p>	<p>6</p> <p>9:30am Coffee & News 10:30am Noodleball (AR) 10:45am Pet Therapy (B) 11:00am Catholic Communion (AR) 1:00pm Resident Led Table Game (B) 2:00pm Word Search Club (B) 3:30pm Video Chats With Family (RR)</p>
<p>National Friendship Day! 7</p> <p>7</p> <p>8:30am Coffee & News 10:00am Noodleball (AR) 1:00pm Resident Led Walking Club (B) 2:00pm Non-Denominational Church Service w/ Church Of Christ (AR) 3:00pm Resident Led Jigsaw Puzzles! (FF)</p>	<p>8</p> <p>9:30am Exercise (FR) 9:45am Walmart (*O) 10:00am Balance Exercise (AR) 1:00pm Cranium Crunches (B) 2:00pm Quarter B.I.N.G.O! (AR) 3:30pm Monday Mani's (B)</p>	<p>9</p> <p>9:30am Exercise (FR) 10:00am Bible Study W/ Liz (AR) 1:00pm Table Games (B) 2:00pm Movie Matinee (AR) 3:00pm Puzzling Around (FF) 6:00pm Men's Poker Night (TF)</p>	<p>National S'mores Day! 10</p> <p>10</p> <p>8:30am Coffee & News 9:30am Exercise (FR) 10:00am Wii Sports (AR) 1:00pm S'mores! (B) 2:00pm Promise Pointe Pennies B.I.N.G.O! (B) 3:00pm Wine O'Clock! (B)</p>	<p>11</p> <p>8:30am Coffee & News 9:45am Exercise (FR) 10:30am Food Committee (AR) 10:30am Pet Therapy W/ Libby & Friends! (B) 1:30pm Soccer Collies Visit! (B) 2:00pm Movie Matinee & Popcorn (AR) 6:30pm Resident Led Dominoes (TF)</p>	<p>12</p> <p>8:30am Coffee & News 9:30am Exercise (FR) 10:00am Yoga With Mile High Fitness! 10:30am Lunch Bunch Outing Pollo Tropical (O) 1:00pm Table Games (B) 2:00pm Quarter B.I.N.G.O! (AR) 3:00pm Birthday Bash & Entertainment With Dave!</p>	<p>13</p> <p>9:30am Coffee & News 10:30am Noodleball (AR) 10:45am Pet Therapy (B) 11:00am Catholic Communion (AR) 1:00pm Resident Led Table Game (B) 2:00pm Word Search Club (B) 3:00pm Music With Doug Karl! (B)</p>
<p>14</p> <p>8:30am Coffee & News 10:00am Noodleball (AR) 1:00pm Resident Led Walking Club (B) 2:00pm Non-Denominational Church Service w/ Church Of Christ (AR) 3:00pm Resident Led Jigsaw Puzzles! (FF)</p>	<p>15</p> <p>8:30am Coffee & News 9:30am Exercise (FR) 9:45am Michaels (*O) 10:00am InstruMix (*AR) 1:00pm Cranium Crunches (B) 2:00pm Quarter B.I.N.G.O! (AR) 3:30pm Monday Mani's (B)</p>	<p>Happy Birthday Minnie G.! 16</p> <p>16</p> <p>9:30am Exercise (FR) 10:00am Bible Study (AR) 1:00pm Trivia (AR) 2:00pm Movie Matinee (AR) 3:00pm Puzzling Around (FF) 6:00pm Ladies Movie Night (AR)</p>	<p>17</p> <p>8:30am Coffee & News 9:30am Exercise (FR) 10:00am Wii Sports (AR) 1:00pm Video Chats (RR) 2:00pm Innovative Arts W/ Rachel (*AR) 3:00pm Wine O'Clock! (B) 6:00pm Drive-In Theater Showing (AR)</p>	<p>18</p> <p>8:30am Coffee & News 9:45am Exercise (FR) 10:30am Tea & Chat 10:30am Pet Therapy W/ Libby & Friends! (B) 12:30pm New Resident & Ambassador Luncheon (AR) 2:00pm Movie Matinee & Popcorn (AR) 6:30pm Resident Led Dominoes (TF)</p>	<p>19</p> <p>8:30am Coffee & News 9:30am Exercise (FR) 10:00am Wii Sports (AR) 10:30am Lunch Bunch Outing Panera Bread (O) 1:00pm Table Games (B) 2:00pm Quarter B.I.N.G.O! (AR) 3:00pm Milkshakes & Sing-Along Songs With Bill Montgomery (B)</p>	<p>20</p> <p>9:30am Coffee & News 10:30am Noodleball (AR) 10:45am Pet Therapy (B) 11:00am Catholic Communion (AR) 1:00pm Resident Led Table Game (B) 2:00pm Word Search Club (B) 3:30pm Video Chats With Family (RR)</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
National Senior Citizens Day! ²¹ 8:30am Coffee & News 10:00am Noodleball (AR) 1:00pm Resident Led Walking Club (B) 2:00pm Non-Denominational Church Service w/ Church Of Christ (AR) 3:00pm Resident Led Jigsaw Puzzles! (FF)	²² 9:30am Exercise (FR) 9:45am Hard Rock Casino (*O) 10:00am Balance Exercise (AR) 1:00pm Cranium Crunches (B) 2:00pm Quarter B.I.N.G.O! (AR) 3:30pm Monday Mani's (B)	²³ 9:30am Exercise (FR) 10:00am Bible Study W/ Liz (AR) 1:00pm Table Games (AR) 2:00pm Movie Matinee (AR) 3:00pm Puzzling Around (FF) 5:30pm Corpus Christi Bingo! (O) 6:00pm Men's Poker Night (TF)	²⁴ 8:30am Coffee & News 9:30am Exercise (FR) 10:00am Wii Sports (AR) 1:00pm Video Chats (RR) 2:00pm Promise Pointe Pennies B.I.N.G.O! (B) 3:00pm Wine O'Clock! (B)	²⁵ 8:30am Coffee & News 9:45am Exercise (FR) 10:00am Tea & Chat (B) 10:30am Pet Therapy W/ Libby & Friends! (B) 1:00pm Promise Pointe Pennies Auction! (Pink Monies Only) (AR) 2:00pm Movie Matinee & Popcorn (AR) 6:30pm Resident Led Dominoes	Happy Birthday John H.! ²⁶ 8:30am Coffee & News 9:30am Exercise (FR) 10:00am Yoga With Mile High Fitness! 10:30am Lunch Bunch Outing Bahama Breeze (O) 1:00pm Table Games (B) 2:00pm Quarter B.I.N.G.O! (AR) 3:00pm Coconut Sweets! (B)	²⁷ 9:30am Coffee & News 10:30am Noodleball (AR) 10:45am Pet Therapy (B) 11:00am Catholic Communion (AR) 1:00pm Resident Led Table Game (B) 2:00pm Word Search Club (B) 3:30pm Video Chats With Family (RR)
Happy Birthday Meredith! ²⁸ 8:30am Coffee & News 10:00am Noodleball (AR) 1:00pm Resident Led Walking Club (B) 2:00pm Non-Denominational Church Service w/ Church Of Christ (AR) 3:00pm Resident Led Jigsaw Puzzles! (FF)	²⁹ 9:30am Exercise (FR) 9:45am Kohl's (*O) 10:00am Wii Sports (AR) 1:00pm Cranium Crunches (B) 2:00pm Quarter B.I.N.G.O! (AR) 3:30pm Monday Mani's (B)	Happy Birthday Ken P.! ³⁰ 9:30am Exercise (FR) 10:00am Bible Study (AR) 1:00pm Trivia (B) 2:00pm Talking With Therapy With NEXT Therapy Solutions (AR) 3:00pm Puzzling Around (FF) 6:00pm Ladies Movie Night (AR)	National Trail Mix Day! ³¹ 8:30am Coffee & News 11-1 Totally Tiki Luau w/ Music By Just Us Duo! (DR) 10:00am Wii Sports (AR) 1:00pm Video Chats (RR) 2:00pm Promise Pointe Pennies B.I.N.G.O! (AR) 3:00pm Malibu Bird Visit & Wine O'Clock! (B)	<p align="center">Legend</p> <p>FR = Fitness Room * = Sign Up Required AR = Activities Room TF = Third Floor FF = First Floor DR= Dining Room B= Bistro C= Courtyard RR=Resident Room</p>	<p align="center">Promise Pointe at Tampa Oaks 12110 Morris Bridge Rd. Temple Terrace, FL 33637 Assisted Living Facility License #AL13142</p> 	<p align="center">Please Note:</p> <p align="center">The Activity Calendar is subject to change to meet the needs of our residents.</p> <p align="center">Thank You!</p>

