




December 2020

Assisted Living Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Promise Pointe at Tampa Oaks 12110 Morris Bridge Rd. Temple Terrace, FL 33637 Assisted Living Facility License #AL13142</p>  <p>PROMISE POINTE — At Tampa Oaks —</p>	<p><i>Hello December</i></p>	<p>1 8:30am Coffee & News 9:30am Gardening 10:00am Chair Yoga (*AR) 2:00pm Movie Matinee (*AR) 3:00pm Activity Packet (B)</p>	<p>2 Happy Birthday Cora! 8:30am Coffee & News 10:30am Resident Led Walking Club 10:00am Noodleball (*AR) 2:00pm Creative Art (*AR)</p>	<p>3 8:30am Coffee & News 9:30am Gardening 10am-2pm Exercise (FR) 2:00pm Movie Matinee (*AR) 3:30pm Video Chats With Family (*RR)</p>	<p>4 National Cookie Day! 8:30am Coffee & News 9:30am Gardening 10:30 Resident Led Walking Club 2:00pm QUARTER B.I.N.G.O. (*AR) 3:30pm-4:00pm Cookies And Milk! (B)</p>	<p>5 8:30am Coffee & News 9:30am Resident Led Walking Club (B) 10:00am Daily Chronicles (B) 2:00pm Afternoon Fresh Air</p>
<p>6 8:30am Coffee & News 9:30am Personal Religious Time (RR) 2:00pm Afternoon Fresh Air 4:30pm Puzzling Around</p>	<p>7 8:30am Coffee & News 9:30am Gardening 10:00am Monday Mani's (*B) 2:00pm PRIZE B.I.N.G.O.(*AR)</p>	<p>8 8:30am Coffee & News 9:30am Gardening 10:00am Chair Yoga (*AR) 2:00pm Movie Matinee (*AR) 3:00pm Activity Packet (B)</p>	<p>9 8:30am Coffee & News 10:30am Resident Led Walking Club 10:00am Noodleball (*AR) 2:00pm Creative Art (*AR) 6:00-7 Sleigh Ride Around Town! (*B)</p>	<p>10 Hanukkah! 8:30am Coffee & News 9:30am Gardening 2:00pm Movie Matinee (*AR) 3:30pm Video Chats With Family (*RR)</p> 	<p>11 8:30am Coffee & News 9:30am Gardening 10:30 Resident Led Walking Club 2:00pm QUARTER B.I.N.G.O.(*AR) 3:30pm-4:00pm Hot Cocoa! (B)</p>	<p>12 Happy Birthday Loraine! 8:30am Coffee & News 9:30am Resident Led Walking Club (B) 10:00am Daily Chronicles (B) 2:00pm Afternoon Fresh Air</p>
<p>13 8:30am Coffee & News 9:30am Personal Religious Time (RR) 2:00pm Afternoon Fresh Air 4:30pm Puzzling Around</p>	<p>14 8:30am Coffee & News 9:30am Gardening 10:00am Monday Mani's (*B) 2:00pm PRIZE B.I.N.G.O.(*AR)</p>	<p>15 8:30am Coffee & News 9:30am Gardening 10:00am Chair Yoga (*AR) 2:00pm Movie Matinee (*AR) 3:00pm Activity Packet (B)</p>	<p>16 Wear Your Holiday PJ's All Day! 8:30am Coffee & News 10:30am Resident Led Walking Club 10:00am Noodleball (*AR) 2:00pm Creative Art (*AR) 6:00-7 Sleigh Ride Around Town! (*B)</p>	<p>17 8:30am Coffee & News 9:30am Gardening 10am-2pm Exercise (FR) 2:00pm Movie Matinee (*AR) 3:30pm Video Chats With Family (*RR)</p>	<p>18 Happy Birthday Phillip! <i>Last Day of Hanukkah</i> 8:30am Coffee & News 9:30am Gardening 10:30 Resident Led Walking Club 2:00pm QUARTER B.I.N.G.O.(*AR) 3:30pm-4:00pm Wine O' Clock! (B)</p>	<p>19 8:30am Coffee & News 9:30am Resident Led Walking Club (B) 10:00am Daily Chronicles (B) 2:00pm Afternoon Fresh Air</p>

<p style="text-align: right;">20</p> <p>8:30am Coffee & News 9:30am Personal Religious Time (RR) 2:00pm Afternoon Fresh Air 4:30pm Puzzling Around</p>	<p style="text-align: right;">21</p> <p>First Day Of Winter!</p> <p>8:30am Coffee & News 9:30am Gardening 10:00am Monday Mani's (*B) 2:00pm QUARTER B.I.N.G.O. (*AR)</p> 	<p style="text-align: right;">22</p> <p>8:30am Coffee & News 9:30am Gardening 11:00am-1:00pm Holly Jolly Holiday Party! (DR) 3:00pm Movie Matinee(*AR)</p>	<p style="text-align: right;">23</p> <p>8:30am Coffee & News 10:30am Resident Led Walking Club 10:00am Noodleball (*AR) 2:00pm Creative Art (*AR)</p>	<p style="text-align: right;">24</p> <p>8:30am Coffee & News 9:30am Gardening 10am-2pm Exercise (FR) 2:00pm Movie Matinee (*AR) 3:30pm Video Chats With Family (*RR)</p>	<p style="text-align: right;">25</p> <p>Merry Christmas!</p> <p>9:30am Hot Apple Cider 1:00pm CHRISTMAS B.I.N.G.O. (*AR) 2:00pm-4:30pm Egnog & Holiday Movies (AR)</p> 	<p style="text-align: right;">26</p> <p>Happy Kwanzaa!</p> <p>8:30am Coffee & News 9:30am Resident Led Walking Club (B) 10:00am Daily Chronicles (B) 2:00pm Afternoon Fresh Air</p> 
<p style="text-align: right;">27</p> <p>8:30am Coffee & News 9:30am Personal Religious Time (RR) 2:00pm Afternoon Fresh Air 4:30pm Puzzling Around</p>	<p style="text-align: right;">28</p> <p>8:30am Coffee & News 9:30am Gardening 10:00am Monday Mani's (*B) 2:00pm QUARTER B.I.N.G.O. (*AR)</p>	<p style="text-align: right;">29</p> <p>8:30am Coffee & News 9:30am Gardening 10:00am Chair Yoga (*AR) 2:00pm Movie Matinee (*AR) 3:00pm Activity Packet (B)</p>	<p style="text-align: right;">30</p> <p>8:30am Coffee & News 10:30am Resident Led Walking Club 10:00am Noodleball (*AR) 2:00pm Creative Art (*AR)</p>	<p style="text-align: right;">31</p> <p>New Year's Eve!</p> <p>8:30am Coffee & News 9:30am Gardening 10am-2pm Exercise (FR) 2:00pm Movie Matinee (*AR) 3:30pm New Year's Toast! (B)</p>	<p style="text-align: center;">Please Note:</p> <p style="text-align: center;">The Activity Calendar is subject to change to meet the needs of our residents!</p>	<p style="text-align: center;">Legend</p> <p>FR = Fitness Room AR = Activities Room SAR = Second Floor Activities Room O= Outing B= Bistro RR=Resident Room (*) Sign Up Required</p>

