


December 2021

Memory Care Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Promise Pointe at Tampa Oaks 12110 Morris Bridge Rd. Temple Terrace, FL 33637 Assisted Living Facility License #AL13142</p>  <p>PROMISE POINTE At Tampa Oaks</p>	<p>Please Note:</p> <p>The Activity Calendar is subject to change to meet the needs of our residents. Thank You!</p>	<p>Legend FR = Fitness Room AR = Activities Room TF = Third Floor FF = First Floor DR= Dining Room B= Bistro RR=Resident Room</p>	<p>9:30-10 Hydration & Chat 10-11 Morning Stretches 1-2 Organization Time 2:30-3 Snack Break 3-4 Wine O' Clock W/ Performance by Harley Gay! (B) 6-7 Short Stories</p>	<p>Happy Birthday Louis L.! 9:30-10 Coffee & News 10-11 Chair Yoga 10-10:30 Pet Therapy W/ Libby & Friends! 1-2 Creative Arts 2:30-3 Snack Break 3-3:30 Walking Club 3:30-4 Cranium Crunches 6-7 Movie & Snack</p>	<p>9:30-10 Hydration & Chat 10-11:30 Noodleball 1-2 Story Time By The Fire 2:30-3 Hot Cocoa! 3-4 Puzzling Around 6-7 Relaxation & Meditation</p>	<p>9:30-10 Morning Stretches 10-10:30 Pet Therapy 10-11 Finish The Phrase 11:00am Catholic Communion (B) 1-2 Prize B.I.N.G.O! 2:30-3 Fresh Air & Snack 3-4 Pampered Nails</p>
<p>9:30-10 Morning Stretches 2:00pm Non-Denominational Church Service w/ Church Of Christ (AR) 2:30-3 Short Story & Snack 3-4 Puzzling Around</p>	<p>9:30-10 Hydration & Chat 10-11 Noodleball 1-2 Coloring Therapy 2:30-3 Healthy Snack 3-4 Corn Hole 6-7 Relaxation & Meditation</p>	<p>Happy Birthday Michael W.! 9:30-10 Coffee & News 10-11 Bible Study (AR) 1-2 Sing-a-Long W/ Regi 2:30-4 Movie & Snack 5-6 Holiday Mani's! 6-7 Finish The Phrase</p>	<p>9:30-10 Hydration & Chat 10-11 Morning Stretches 1-2 Organization Time 2:30-3 Snack Break 3-4 Music B.I.N.G.O! 6-7 Short Stories</p>	<p>National Pastry Day 9:30-10 Coffee & News 10-11 Chair Yoga 10-10:30 Pet Therapy W/ Libby & Friends! 1-2 Creative Arts 2:30-3 Fresh Pastries! 3-3:30 Walking Club 3:00pm Entertainment w/ Ralph 6-7 Movie & Snack</p>	<p>9:30-10 Hydration & Chat 10-11:30 Noodleball 1-2 Story Time By the Fire 2:30-3 Turron Holiday Treat From Spain! 3-4 Puzzling Around 6-7 Relaxation & Meditation</p>	<p>9:30-10 Morning Stretches 10-10:30 Pet Therapy 10-11 Christmas Trivia 11:00am Catholic Communion (B) 1-2 Prize B.I.N.G.O! 2:30-3 Temple Terrace String Quartet! (B) 3-4 Pampered Nails</p>
<p>Happy Birthday John B.! 9:30-10 Morning Stretches 2:00pm Non-Denominational Church Service w/ Church Of Christ (AR) 2:30-3 Short Story & Snack 3-4 Puzzling Around</p>	<p>9:30-10 Hydration & Chat 10-11 Noodleball 1-2 Coloring Therapy 2:30-3 Healthy Snack 3-4 Ring Toss 6-7 Relaxation & Meditation</p>	<p>9:30-10 Coffee & News 10-11 Bible Study W/Liz (AR) 1-2 Sing-a-Long W/ Regi 2:30-4 Movie & Snack 5-6 Short Stories 6-7 Meditation & Relaxation</p>	<p>Happy Birthday Samuel Sm.! 9:30-10 Hydration & Chat 10-11 Morning Stretches 1-2 Organization Time 2-2:30 Tiny Therapy Horse Visit! (B) 2:30-3 Snack Break 3-4 Entertainment w/ Diamond Jim & Wine (B) 6-7 Short Stories</p>	<p>9:30-10 Coffee & News 10-11 Chef Demo (B) 10-10:30 Pet Therapy W/ Libby & Friends! 1-2 Creative Arts 2:30-3 Snack Break 3-3:30 Walking Club 3:30-4 Cranium Crunches 6-7 Movie & Snack</p>	<p>9:30-10 Hydration & Chat 10-11:30 Noodleball 1-2 Story Time By the Fire 2:30-3 Gingerbread Cookies Holiday Treat from Sweden! (B) 3-4 Puzzling Around 6-7 Relaxation & Meditation</p>	<p>9:30-10 Morning Stretches 10-10:30 Pet Therapy 10-11 Finish The Phrase 11:00am Catholic Communion (B) 1-2 Prize B.I.N.G.O! 2:30-3 Fresh Air & Snack 3-4 Pampered Nails</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>19</p> <p>9:30-10 Morning Stretches 2:00pm Non-Denominational Church Service w/ Church Of Christ (AR) 2:30-3 Short Story & Snack 3-4 Puzzling Around</p>	<p>20</p> <p>9:30-10 Hydration & Chat 10-11 Noodleball 1-2 Coloring Therapy 2:30-3 Healthy Snack 3-4 Corn Hole 6-7 Relaxation & Meditation</p>	<p>21</p> <p>Happy Birthday Sheila H.! 9:30-10 Coffee & News 10-11 Bible Study (AR) 11-1 Merry Little Christmas Party w/ Just Us Duo! (B) (Please Follow Your Chosen Time Frame) 1-2 Sing-a-Long W/ Regi 2:30-4 Movie & Snack 5-6 Pampered Nails</p>	<p>22</p> <p>9:30-10 Hydration & Chat 10-11 Morning Stretches 1-2 Organization Time 2:30-3 Snack Break 3-4 Music B.I.N.G.O! 6-7 Short Stories</p>	<p>23</p> <p>9:30-10 Coffee & News 10-11 Chair Yoga 10-10:30 Pet Therapy W/ Libby & Friends! 1-2 Creative Arts 2:30-3 Snack Break 3-3:30 Walking Club 3:30-4 Cranium Crunches 6-7 Movie & Snack</p>	<p>24</p> <p>9:30-10 Hydration & Chat 10-11:30 Noodleball 1-2 Christmas Trivia 3:00pm "Buche De Noel" Treat From France & Dave Smith Clean Comedy & Music Show! (B) 6-7 Relaxation & Meditation</p>	<p>25</p> <p>Merry Christmas! 9:30-10 Morning Stretches 10-10:30 Pet Therapy 10-11 Christmas Story Time By The Fire 11:00am Catholic Communion (B) 1-2 Vintage Movie 2:30-3 Cookies & Egg Nog! 3-4 Puzzling Around</p>
<p>26</p> <p>9:30-10 Morning Stretches 2:00pm Non-Denominational Church Service w/ Church Of Christ (AR) 2:30-3 Short Story & Snack 3-4 Puzzling Around</p>	<p>27</p> <p>Happy Birthday Margaret D.! 9:30-10 Hydration & Chat 10-11 Noodleball 1-2 Coloring Therapy 2:30-3 Healthy Snack 3-4 Ring Toss 6-7 Relaxation & Meditation</p>	<p>28</p> <p>9:30-10 Coffee & News 10-11 Bible Study W/Liz (AR) 1-2 Sing-a-Long W/ Regi 2:30-4 Movie & Snack 5-6 Short Stories 6-7 Meditation & Relaxation</p>	<p>29</p> <p>9:30-10 Hydration & Chat 10-11 Morning Stretches 1-2 Organization Time 2:30-3 Snack Break 3-4 Animal B.I.N.G.O! 6-7 Short Stories</p>	<p>30</p> <p>9:30-10 Coffee & News 10-11 Chair Yoga 10-10:30 Pet Therapy W/ Libby & Friends! 1-2 Creative Arts 2:30-3 Snack Break 3-3:30 Walking Club 3:30-4 Cranium Crunches 6-7 Movie & Snack</p>	<p>31</p> <p>New Year's Eve 9:30-10 Hydration & Chat 10-11:30 Noodleball 1-2 Story Time By the Fire 2:30-3 Healthy Snack 3:00pm New Year's Eve 2021 send off with Cristi Massey!(B) 6-7 Relaxation & Meditation</p>	