
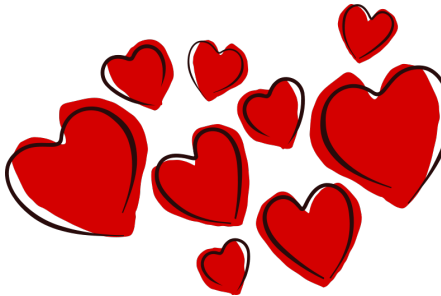
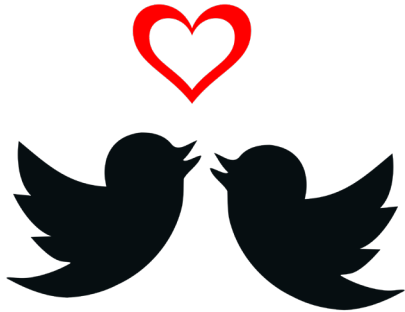




February 2022

Memory Care Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Chinese New Year 1 9:30-10 Coffee & News 10-11 Bible Study (AR) 1-2 Sing-a-Long W/ Regi 2:30-4 Movie & Snack 6-7 Short Stories	Ground Hog Day 2 9:30-10 Hydration & Chat 10:30-11 Morning Stretches 1-2 Organization Time 2:30-3 Snack Break 3-4 Chinese New Year Performance W/ Just Us Duo!	9:30-10 Coffee & News 10:00 Chef Demo (B) 1-2 Coloring Therapy 2:30-3 Snack Break 6-7 Movie & Snack	National Wear Red Day 4 9:30-10 Hydration & Chat 10-11 Noodleball 1-2 Annette & Malibu Bird Show! (B) 2:30-3 Strawberry Shortcakes! 3-4 Puzzling Around 6-7 Relaxation & Meditation	9:30-10 Morning Stretches 10-11 Trivia 11:00am Catholic Communion (B) 1-2 Prize B.I.N.G.O! 2:30-3 Fresh Air & Snack 3-4 Pampered Nails
Happy Birthday Dianne! 6 9:30-10 Morning Stretches 2:00pm Non-Denominational Church Service (TV) 2:30-3 Short Story & Snack 3-4 Puzzling Around	9:30-10 Hydration & Chat 10:30-11 Noodleball 1-2 Coloring Therapy 2:30-3 Healthy Snack 3:30pm Mobile Library (B) 3-4 Table Ball 6-7 Relaxation & Meditation	Happy Birthday Mary Y.! 8 9:30-10 Coffee & News 10-11 Bible Study w/ Liz (AR) 1-2 Sing-a-Long W/ Regi 2:30-4 Movie & Snack 6-7 Short Stories	9:30-10 Hydration & Chat 10:30-11 Morning Stretches 1-2 Organization Time 2:30-3 Snack Break 3:00pm Entertainment by Eddy Dean	9:30-10 Tea & Chat 10:30-11 Morning Stretches 1-2 Coloring Therapy 2:30-3 Snack Break 6-7 Movie & Snack	9:30-10 Hydration & Chat 10-11 Noodleball 1-2 Finish The Phrase 2:30-3 Dipped Chocolate Dessert! 3-4 Puzzling Around 6-7 Relaxation & Meditation	9:30-10 Morning Stretches 10-11 Trivia 11:00am Catholic Communion (B) 1-2 Prize B.I.N.G.O! 2:30-3 Fresh Air & Snack 3-4 Pampered Nails
Super Bowl Sunday 13 The Bengals VS Rams 9:30-10 Morning Stretches 2:00pm Non-Denominational Church Service (TV) 2:30-3 Short Story & Snack 3-4 Puzzling Around	HAPPY VALENTINES' DAY! 14 9:30-10 Hydration & Chat 10-11 Noodleball 1-2 Coloring Therapy 2:30-3 Healthy Snack 3-4 Cranium Crunches 6-7 Relaxation & Meditation	9:30-10 Coffee & News 10-11 Bible Study (AR) 1pm Cupid Soiree w/ Mid Life Crisis! (DR) (Please follow your chosen time frame) 1-2 Sing-a-Long W/ Regi 2:30-4 Movie & Snack 6-7 Short Stories	Happy Birthday Ramona! 16 9:30-10 Hydration & Chat 10:30-11 Morning Stretches 1-2 Organization Time 2:30-3 Snack Break 3-4 Animal B.I.N.G.O! 6-7 Short Stories	9:30-10 Tea & Chat 10:30-11 Morning Stretches 1-2 Coloring Therapy 2:30-3 Snack Break 6-7 Movie & Snack	9:30-10 Hydration & Chat 10-11 Noodleball 1-2 Finish The Phrase 2:30-3 Milkshakes! 3-4 Puzzling Around 6-7 Relaxation & Meditation	9:30-10 Morning Stretches 10-11 Trivia 11:00am Catholic Communion (B) 1-2 Prize B.I.N.G.O! 2:30-3 Fresh Air & Snack 3-4 Pampered Nails

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Happy Birthday Selma! ²⁰ 9:30-10 Morning Stretches 2:00pm Non-Denominational Church Service (TV) 2:30-3 Short Story & Snack 3-4 Puzzling Around	²¹ 9:30-10 Hydration & Chat 10:30-11 Noodleball 1-2 Coloring Therapy 2:30-3 Healthy Snack 3-4 Presidents Day Celebration W/ Doug! (B) 6-7 Relaxation & Meditation	²² 9:30-10 Coffee & News 10-11 Bible Study w/ Liz (AR) 1-2 Sing-a-Long W/ Regi 2:30-4 Movie & Snack 6-7 Short Stories	²³ 9:30-10 Hydration & Chat 10:30-11 Morning Stretches 1-2 Organization Time 2:30-3 Snack Break 3-4 Animal B.I.N.G.O! 6-7 Short Stories	²⁴ 9:30-10 Tea & Chat 10:30-11 Morning Stretches 1-2 Coloring Therapy 2:30-3 Snack Break 6-7 Movie & Snack	²⁵ 9:30-10 Hydration & Chat 10-11 Noodleball 1-2 Finish The Phrase 2:30-3 Fresh Cookies & Milk! 3-4 Puzzling Around 6-7 Relaxation & Meditation	²⁶ 9:30-10 Morning Stretches 10-11 Trivia 11:00am Catholic Communion (B) 1-2 Prize B.I.N.G.O! 2:30-3 Fresh Air & Snack 3-4 Pampered Nails
HAPPY 100TH BIRTHDAY LYDIA! ²⁷ 9:30-10 Morning Stretches 2:00pm Non-Denominational Church Service (TV) 2:30-3 Short Story & Snack 3-4 Puzzling Around	²⁸ 9:30-10 Hydration & Chat 10-11 Noodleball 1-2 Coloring Therapy 2:30-3 Healthy Snack 3:30pm Mobile Library (B) 3-4 Cranium Crunches 6-7 Relaxation & Meditation			<p>Please Note:</p> <p>The Activity Calendar is subject to change to meet the needs of our residents. Thank you!</p>	<p>Legend</p> <p>FR = Fitness Room AR = Activities Room TF = Third Floor FF = First Floor DR= Dining Room B= Bistro RR=Resident Room</p>	<p>Promise Pointe at Tampa Oaks 12110 Morris Bridge Rd. Temple Terrace, FL 33637 Assisted Living Facility License #AL13142</p>  <p>PROMISE POINTE — At Tampa Oaks —</p>

