

July 2021

Memory Care Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>Promise Pointe at Tampa Oaks 12110 Morris Bridge Rd. Temple Terrace, FL 33637 Assisted Living Facility License #AL13142</p>  <p>PROMISE POINTE At Tampa Oaks</p>	<p>Legend FR = Fitness Room O= Outing AR = Activities Room TF = Third Floor DR= Dining Room B= Bistro RR=Resident Room</p>	<p>Please Note:</p> <p>The Activity Calendar is subject to change to meet the needs of our residents!</p>	<p>9:30-10 Coffee & News 10-11 Chair Yoga 1-2 Finish the Phrase 2:30-3 Fresh Air & Snack 3-4 Animal B.I.N.G.O! 6-7 Movie & Snack</p>	<p>9:30-10 Hydration & Chat 10-11:30 Noodleball 1-2 Corn Hole 2:30-3 Ice Cream Cones! 3-4 Puzzling Around 6-7 Relaxation & Meditation</p>	<p>9:30-10:30 Morning Stretches 11:00am Catholic Communion (B) 1-2 Prize B.I.N.G.O! 2:30-3 Fresh Air & Snack 3-4 Pampered Nails 6-7 Short Stories</p>
<p>Happy 4th Of July! Happy Birthday Marilyn! 9:30-10 Coffee & News 1-2 Sing-a-Long 2:00pm Non-Denominational Church Service w/ Church Of Christ (AR) 3-4 Crabgrass Cowboys 4th Of July Show! (B)</p>	<p>9:30-10 Hydration & Chat 10-11 Noodleball 1-2 Coloring Therapy 2:30-3 Healthy Snack 3-4:30 Pampered Nails 6-7 Relaxation & Meditation</p>	<p>9:30-10 Coffee & News 10-11 Bible Study (AR) 1-2 Bowling 2:30-4:30 Movie & Snack 6-7 Short Stories</p>	<p>9:30-10 Hydration & Chat 10-11 Volleyball 1-2 Baking Memories & Wine! 2:30-3 Snack Break 3-4 Walking Club 6-7 Short Stories</p>	<p>9:30-10 Coffee & News 10-10:30 Pet Therapy W/ Libby & Friends! 10:30-11 Chair Yoga 1-2 Creative Arts 2:30-3 Fresh Air & Snack 3-4 Animal B.I.N.G.O! 6-7 Movie & Snack</p>	<p>9:30-10 Hydration & Chat 10-11:30 Noodleball 1-2 Corn Hole 2:30-3 Smoothies! 3-4 Puzzling Around 6-7 Relaxation & Meditation</p>	<p>9:30-10:30 Morning Stretches 11:00am Catholic Communion (B) 1-2 Prize B.I.N.G.O! 2:30-3 Fresh Air & Snack 3-4 Pampered Nails 6-7 Short Stories</p>
<p>9:30-10 Coffee & News 1-2 Sing-a-Long 2:00pm Non-Denominational Church Service w/ Church Of Christ (AR) 2:30-3 Fresh Air & Snack 3-4 Short Stories</p>	<p>9:30-10 Hydration & Chat 10-11 Noodleball 1-2 Coloring Therapy 2:30-3 Healthy Snack 3-4:30 Pampered Nails 6-7 Relaxation & Meditation</p>	<p>9:30-10 Coffee & News 10-11 Bible Study W/Liz (AR) 1-2 Bowling 2:30-4:30 Movie & Snack 6-7 Short Stories</p>	<p>9:30-10 Hydration & Chat 11-1 Summer BBQ & Entertainment w/ Mid Life Crisis! (DR) (Please follow your chosen time frame) 1-2 Organization Time 2:30-3 Snack Break 3-4 Walking Club</p>	<p>9:30-10 Coffee & News 10-11 Chair Yoga 1-2 Creative Arts 2:30-3 Fresh Air & Snack 3-4 Animal B.I.N.G.O! 6-7 Movie & Snack</p>	<p>9:30-10 Hydration & Chat 10-11:30 Noodleball 1-2 Corn Hole 2:30-3 Banana Splits! 3-4 Puzzling Around 6-7 Relaxation & Meditation</p>	<p>9:30-10:30 Morning Stretches 11:00am Catholic Communion (B) 1-2 Prize B.I.N.G.O! 2:30-3 Fresh Air & Snack 3-4 Pampered Nails 6-7 Short Stories</p>

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25 Happy Birthday Gene L.! 9:30-10 Coffee & News 1-2 Sing-a-Long 2:00pm Non-Denominational Church Service w/ Church Of Christ (AR) 2:30-3 Fresh Air & Snack 3-4 Short Stories	26 9:30-10 Hydration & Chat 10-11 Noodleball 1-2 Coloring Therapy 2:30-3 Healthy Snack 3-4:30 Pampered Nails 6-7 Relaxation & Meditation	27 9:30-10 Coffee & News 10-11 Bible Study W/Liz (AR) 1-2 Bowling 2:30-4:30 Movie & Snack 6-7 Short Stories	28 Happy Birthday John! 9:30-10 Hydration & Chat 10-11 Volleyball 1-2 Organization Time 2:30-3 Snack Break 3-4 Walking Club 6-7 Short Stories	29 9:30-10 Coffee & News 10-11 Chair Yoga 1-2 Summer Tie-Dye Creative Arts! 2:30-3 Fresh Air & Snack 3-4 Animal B.I.N.G.O! 6-7 Movie & Snack	30 National Cheesecake Day! 9:30-10 Hydration & Chat 10-11:30 Noodleball 1-2 Corn Hole 3-4pm Cheesecake & Entertainment w/ Bill Montgomery! (B) 6-7 Relaxation & Meditation	31 9:30-10:30 Morning Stretches 11:00am Catholic Communion (B) 1-2 Prize B.I.N.G.O! 2:30-3 Fresh Air & Snack 3-4 Pampered Nails 6-7 Short Stories

