

# Week at a Glance

2021 June 20 - July 24

Week 5

SUNDAY, 7/18/2021	MONDAY, 7/19/2021	TUESDAY, 7/20/2021	WEDNESDAY, 7/21/2021	THURSDAY, 7/22/2021	FRIDAY, 7/23/2021	SATURDAY, 7/24/2021
<b>Breakfast</b>						
Pancakes Breakfast Meat of Choice Seasonal Fruit Hot or Cold Cereal	Vegetable Omelet Toast Seasonal Fruit Hot or Cold Cereal	Waffles Breakfast Meat of Choice Seasonal Fruit Hot or Cold Cereal	Scrambled Egg Benedict on English Muffin Toast Seasonal Fruit Hot or Cold Cereal	Blueberry Pancake Supper Seasonal Fruit Hot or Cold Cereal	Banana French Toast Breakfast Meat of Choice Seasonal Fruit Hot or Cold Cereal	Biscuit with Country Gravy Choice of Egg Seasonal Fruit Hot or Cold Cereal
Choice of Juice Milk Coffee / Tea / Decaf	Choice of Juice Milk Coffee / Tea / Decaf	Choice of Juice Milk Coffee / Tea / Decaf	Choice of Juice Milk Coffee / Tea / Decaf	Choice of Juice Milk Coffee / Tea / Decaf	Choice of Juice Milk Coffee / Tea / Decaf	Choice of Juice Milk Coffee / Tea / Decaf
<b>Lunch</b>						
Soup of the Day  Baked Ham Italian Roasted Potatoes French Cut Green Beans Bread or Roll & Butter or Margarine  <i>Parmesan Crusted Steak Italian Roasted Potatoes French Cut Green Beans Bread or Roll &amp; Butter or Margarine</i>	Split Pea Soup  Crunchy Onion Chicken Barley Pilaf Smashed Fresh Brussels Sprouts Bread or Roll & Butter or Margarine  <i>Catch of the Day Barley Pilaf Smashed Fresh Brussels Sprouts Bread or Roll &amp; Butter or Margarine</i>	Turkey Orzo Soup  Herb Roast Beef Roasted Yukon Potatoes Sautéed Broccoli Spears Bread or Roll & Butter or Margarine  <i>Citrus Marinated Chicken Roasted Yukon Potatoes Sautéed Broccoli Spears Bread or Roll &amp; Butter or Margarine</i>	Manhattan Clam Chowder  Crispy Lemon Herb Chicken Cutlets Garlic Roasted Potatoes Fresh Carrots and Cauliflower Bread or Roll & Butter or Margarine  <i>Chopped Steak with Gravy Garlic Roasted Potatoes Fresh Carrots and Cauliflower Bread or Roll &amp; Butter or Margarine</i>	Pasta Fagioli Soup  Beef Lasagna Green and Gold Beans Breadstick & Butter or Margarine  <i>Slow Cooked Ribs with Potatoes and Kraut Green and Gold Beans Bread or Roll &amp; Butter or Margarine</i>	Lentil Barley Soup  Fillet of Fish with Lemon Butter Sauce Parslied Red Potatoes Sautéed Mixed Squash Bread or Roll & Butter or Margarine  <i>Golden Baked Chicken Parslied Red Potatoes Sautéed Mixed Squash Bread or Roll &amp; Butter or Margarine</i>	Beef and Rice Soup  Bacon Meat Loaf Ranch Whipped Potatoes Candied Carrots Bread or Roll & Butter or Margarine  <i>Loaded Baked Potato Quiche Candied Carrots Bread or Roll &amp; Butter or Margarine</i>
Cherry Orchard Bar Choice of Beverage	Frosted Chocolate Cake Choice of Beverage	Cinnamon Roll Fruit Cobbler Choice of Beverage	Pumpkin Pie with Topping Choice of Beverage	Cream Puff Dessert Choice of Beverage	Ginger Molasses Bar Choice of Beverage	Ice Cream Sundae Choice of Beverage
<b>Dinner</b>						
Soup of the Day  Sliced Turkey Gravy Baked Winter Squash Mixed Vegetables Bread or Roll & Butter or Margarine  <i>Cheese Enchiladas Black Beans and Rice Mixed Vegetables</i>	Spaghetti with Turkey Meat Sauce Mixed Salad Greens with Dressing Garlic French Bread  <i>Split Pea Soup Crackers BLT Salad Bread or Roll &amp; Butter or Margarine</i>	Rosemary Honey Glazed Pork Cutlet Roasted Corn Buttered Beets Bread or Roll & Butter or Margarine  <i>Turkey Orzo Soup Crackers Tuna Salad Pickled Beet and Onion Salad</i>	Manhattan Clam Chowder  Mustard Dill Baked Fish Red Pepper Rice Pilaf Creamed Spinach Bread or Roll & Butter or Margarine  <i>French Toast Bacon Ambrosia</i>	Pasta Fagioli Soup  Chicken Pot Pie Topped with Puff Pastry Tossed Salad with Dressing Bread or Roll & Butter or Margarine  <i>Philly Cheese Steak Sandwich Steak Fries</i>	Beef with Broccoli Lo Mein Noodles Mini Egg Rolls  <i>Lentil Barley Soup Crackers Classic Cobb Salad with Dressing Bread or Roll &amp; Butter or Margarine</i>	Cran-Pear Pork Loin Baked Sweet Potato Peas and Pearl Onions Bread or Roll & Butter or Margarine  <i>Beef and Rice Soup Crackers Chicken Wrap Cranberry Coleslaw</i>
Strawberry Chiffon Pie Milk Coffee / Tea / Decaf	Tapioca Pudding with Topping Milk Coffee / Tea / Decaf	Sunshine Jello Cake Milk Coffee / Tea / Decaf	Strawberry Mousse Milk Coffee / Tea / Decaf	Custard with Caramel Sauce ( Flan ) Milk Coffee / Tea / Decaf	Poached Pears Milk Coffee / Tea / Decaf	Frosted Marble Cake Milk Coffee / Tea / Decaf
<b>Snack</b>						
Snack of Choice Juice	Snack of Choice Juice	Snack of Choice Juice	Snack of Choice Juice	Snack of Choice Juice	Snack of Choice Juice	Snack of Choice Juice