

# Week at a Glance

A New Sunrise He Gives Us..

Week 1

SUNDAY, 1/17/2021	MONDAY, 1/18/2021	TUESDAY, 1/19/2021	WEDNESDAY, 1/20/2021	THURSDAY, 1/21/2021	FRIDAY, 1/22/2021	SATURDAY, 1/23/2021
<b>Breakfast</b>						
Pancakes with Fruit Topping Breakfast Meat of Choice Seasonal Fruit Hot or Cold Cereal	Potato and Onion Omelet Toast Seasonal Fruit Hot or Cold Cereal	Belgian Waffle Breakfast Meat of Choice Seasonal Fruit Hot or Cold Cereal	Breakfast Sandwich Seasonal Fruit Hot or Cold Cereal	Choice of Egg Toast Seasonal Fruit Hot or Cold Cereal	Texas Slice French Toast Breakfast Meat of Choice Seasonal Fruit Hot or Cold Cereal	Scrambled Eggs with Cheese Toast Seasonal Fruit Hot or Cold Cereal
Choice of Juice Milk Coffee / Tea / Decaf	Choice of Juice Milk Coffee / Tea / Decaf	Choice of Juice Milk Coffee / Tea / Decaf	Choice of Juice Milk Coffee / Tea / Decaf	Choice of Juice Milk Coffee / Tea / Decaf	Choice of Juice Milk Coffee / Tea / Decaf	Choice of Juice Milk Coffee / Tea / Decaf
<b>Lunch</b>						
Tomato Florentine Soup	Asian Noodle Soup	Wild Rice and Mushroom Soup	Black Bean Soup	Smokey Potato Soup	Cream Corn Soup	Italian Wedding Soup
Herb Rubbed Turkey Breast Cranberry Sauce Cornbread Dressing Creamy Green Beans Bread or Roll & Butter or Margarine	Braised Pork Chop Paprika Rice Spinach Au Gratin Bread or Roll & Butter or Margarine	Russian Chicken Herbed Couscous Buttered Peas Bread or Roll & Butter or Margarine	Smothered Steak with Onions Potatoes O'Brien Parslied Baby Carrots Bread or Roll & Butter or Margarine	Garlic Pepper Pork Loin Almond Rice Pilaf Seasoned Beets Bread or Roll & Butter or Margarine	Cornmeal Fish Fillet Scalloped Potatoes Steamed Spinach Bread or Roll & Butter or Margarine	Horseradish Braised Pot Roast Red Bliss Potatoes Roasted Fresh Vegetables Bread or Roll & Butter or Margarine
<i>Beef Stroganoff Egg Noodles Buttered Green Beans Bread or Roll &amp; Butter or Margarine</i>	<i>Broiled Basa Paprika Rice Spinach Au Gratin Bread or Roll &amp; Butter or Margarine</i>	<i>Roast Beef Pan Gravy Baked Potato Buttered Peas Bread or Roll &amp; Butter or Margarine</i>	<i>Roasted Chicken Quarters Potatoes O'Brien Parslied Baby Carrots Bread or Roll &amp; Butter or Margarine</i>	<i>Imperial Rice with Turkey Seasoned Beets Bread or Roll &amp; Butter or Margarine</i>	<i>Glazed Meat Loaf Scalloped Potatoes Steamed Spinach Bread or Roll &amp; Butter or Margarine</i>	<i>Chicken and Broccoli Alfredo Lettuce and Tomato Salad with Dressing Garlic Bread</i>
Dutch Apple Pie Choice of Beverage	Hawaiian Wedding Cake Choice of Beverage	Blueberry Pear Cobbler Choice of Beverage	Banana Spice Cake Choice of Beverage	Mousse Choice of Beverage	Caramelized Peaches Choice of Beverage	Red Velvet Bar Choice of Beverage
<b>Dinner</b>						
Ravioli with Garlic Cream Sauce Basil Zucchini Saute Breadstick & Butter or Margarine	Asian Noodle Soup	Spiral Baked Ham Sweet Potato Casserole Country Cabbage Bread or Roll & Butter or Margarine	Black Bean Soup	Frittata Primavera Herbed Whole Green Beans Bread or Roll & Butter or Margarine	Cream Corn Soup	Sweet and Sour Pork White Rice Sugar Snap Peas Mini Egg Rolls
<i>Tomato Barley Soup Crackers Chef's Seafood Salad with Dressing Bread or Roll &amp; Butter or Margarine</i>	<i>Shepherd's Pie Sautéed Broccoli Florets Bread or Roll &amp; Butter or Margarine</i>	<i>Wild Rice and Mushroom Soup Crackers Trio Salad Plate Bread or Roll &amp; Butter or Margarine</i>	<i>Crispy Baked Fillet of Fish Lentils and Vegetables Buttered Corn Bread or Roll &amp; Butter or Margarine</i>	<i>Smokey Potato Soup Crackers Deli Corned Beef Sandwich Pickle Cucumber Onion Salad</i>	<i>Coconut Crispy Chicken Tenders Tangy Black Beans Mango Slaw Bread or Roll &amp; Butter or Margarine</i>	<i>Italian Wedding Soup Crackers Harvest Turkey Salad Bread or Roll &amp; Butter or Margarine</i>
<i>Grilled Turkey Cranberry Sandwich Herb Roasted Potato Wedges</i>	<i>Chicken Breast Fillet on a Bun Crunchy Vegetable Salad</i>				<i>Polish Sausage on a Bun German Potato Salad</i>	
Rice Pudding with Topping Milk Coffee / Tea / Decaf	Turtle Brownie Milk Coffee / Tea / Decaf	Creamy Gelatin Milk Coffee / Tea / Decaf	Double Chocolate Chip Cookie Milk Coffee / Tea / Decaf	Strawberry Rhubarb Pie Milk Coffee / Tea / Decaf	Lemon Poppy Seed Cake Milk Coffee / Tea / Decaf	Cinnamon Bread Pudding with Creme Milk Coffee / Tea / Decaf
<b>Snack</b>						
Snack of Choice Juice	Snack of Choice Juice	Snack of Choice Juice	Snack of Choice Juice	Snack of Choice Juice	Snack of Choice Juice	Snack of Choice Juice